SOAP Note #1

11-3-23, Visit 1

Jose Milan

**Dx:** (L) THA; Precautions: PWB

**S:** Pt reports he has a 5/10 pain in his (L) hip. Pt c/o being tired and weak on LLE along with being scared to stand I having a fear of falling.

**O:** Transfers: Assisted standing transfer NWB from W/C to EOB with mod A x 1.

Bed mobility: requires min. assistance x 1 to come from sitting to supine.

Pt education: instructed to keep LLE under 90 deg. by not bending upper body while moving or transfers.

**A:** Pt tolerated assisted standing transfer NWB well w/ instructions on precautions regarding aeventually being able to stand independently. Pt requires therapist motivation to achieve his LTG of returning to playing golf at PLOF.

**P:** Cont progressing on transfers so Pt can I transfer from W/C to EOB. Instruct Pt on body mechanics and safety precautions regarding his (L) THA to reduce pain. Will consult supervising PT on adding PROM exercises on LLE once Pt reports less pain to decrease muscle tension and stiffness in (L) hip.

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